

**For more great tips on e-safety try:**

[www.direct.gov.uk/clickcleverclicksafe](http://www.direct.gov.uk/clickcleverclicksafe)

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

[www.childline.org.uk](http://www.childline.org.uk)



**STAY SAFE ONLINE**



For further information contact:  
Simon Genders, Safeguarding Development Officer  
Tel: 0116 305 7750 or 0116 305 7317  
Email: [simon.genders@leics.gov.uk](mailto:simon.genders@leics.gov.uk)



The internet and mobile technologies are transforming the way we live and learn. The opportunities for creativity and fun are endless.

But the risks in using the internet are also very real. To make the most of this exciting online world be sure to know what to do to stay safe and how to use the internet responsibly.

## INTERNET DANGERS



### Content

Risky content on the internet includes sites that encourage violent, hateful, racist and self-harming behaviour. They may also contain criminally obscene images and videos, misleading adverts and false information. There are people on the internet who try to persuade you to behave badly or would harm you if they could.

### Contact

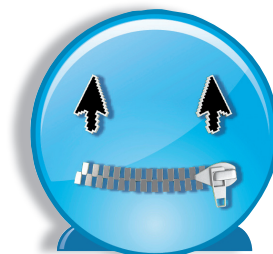
Criminals can copy and steal personal information and pretend to be you. They can also steal your money if you let out your account details or passwords. Unwelcome online contacts may bully and harass you or try to find out where you will be. They can pretend to be your friend and persuade or encourage you to do foolish things – like meet up alone.

### Conduct

You could become a criminal by accident if you download illegal content or create and share indecent pictures. And it's all too easy to get sucked into cyber-bullying or harassment by mistake, through making an unkind comment or passing on an insult.

### WHAT YOU CAN DO TO STAY SAFE

Learn and remember to use the Digital Code



### ZIP IT

Keep all your personal information to yourself. Don't let it slip out by mistake. Remember to use a nickname when you're in chat rooms or playing online games as what you type may be seen by strangers. Use privacy settings on your social networking page and protect your friends too.

Name, address, school, date of birth, private email address, password – zip it!



### BLOCK IT

If you receive unwanted or insulting texts, emails, messages or pictures, don't pass them on. Remember that you can save abusive messages as evidence. Use filters to block and avoid unwanted websites and don't open suspect emails, messages or attachments – you may catch a virus.



### FLAG IT

Don't put up with bullies. Tell a trusted friend or adult if you are being targeted – don't reply. It's hard to escape from cyber-bullying so flag it up. And if someone asks to meet up alone – tell an adult you trust. If you do decide to meet up, choose a very public place and take an adult with you. You may think you know who you're talking to but you often don't.



Look out for the "Report Abuse" button and use it!