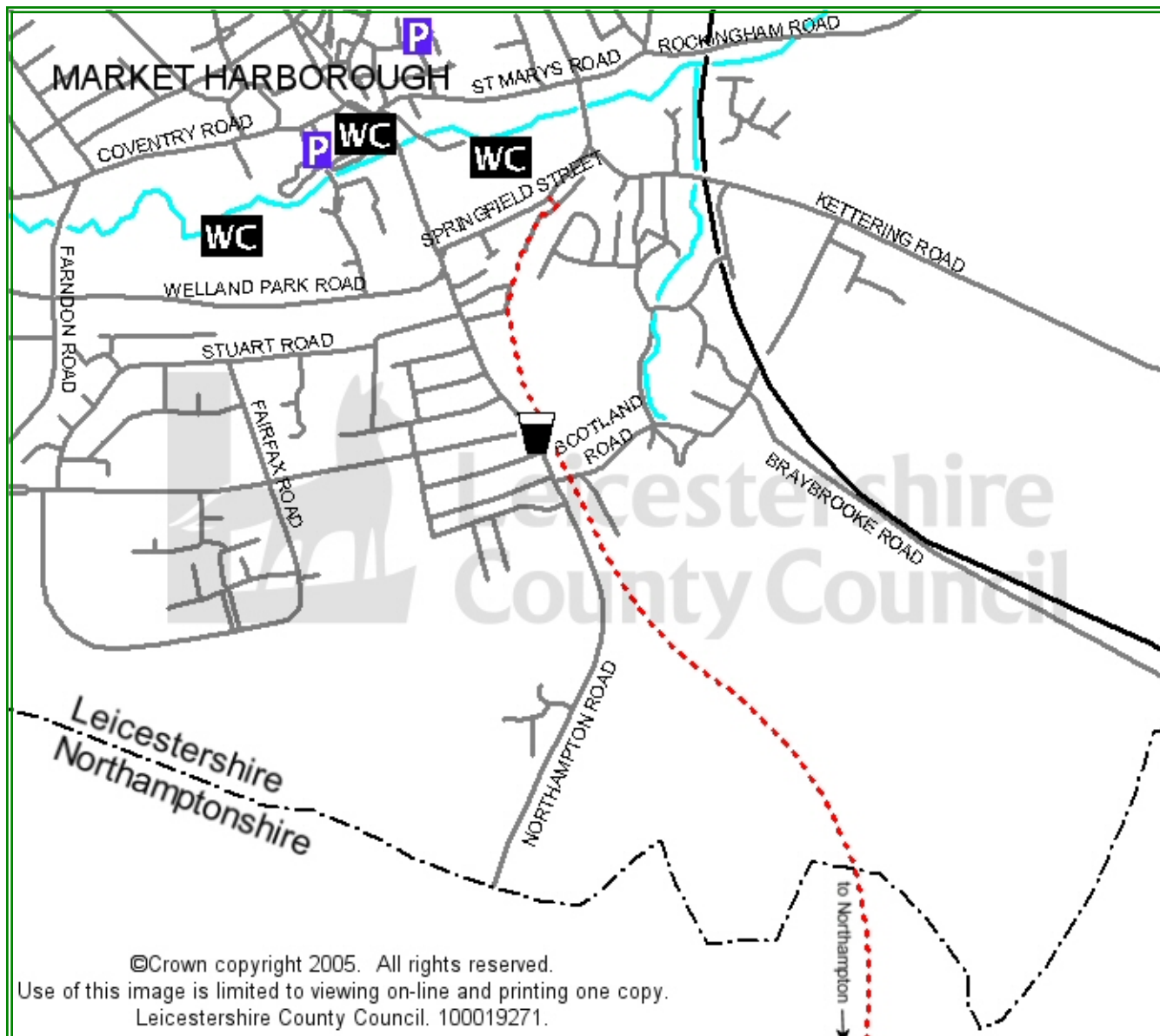


Brampton Valley Way



KEY **P** Car Parking **WC** Public Toilets **▼** Public House

Did you know?

The route follows the track bed of a disused railway and therefore there are no hills to climb. Don't forget to take your lights, because there are two tunnels to venture through.

Only one mile of this route is in Leicestershire before it crosses the county boundary into Northamptonshire.

VITAL STATISTICS

| | |
|----------------------------|--|
| DISTANCE | 14 miles (22½ km) |
| USERS | Walkers and cyclists |
| SURFACE | All weather |
| TYPE OF ROUTE | Linear |
| DIFFICULTY LEVEL | Moderate |
| % OFF ROAD | 100% (Note there are some busy junctions) |
| EXPLORER MAP | 223 |
| PARKING | Union Wharf (GR. 727 879) Symington Way Bowden Lane (GR. 733 875) The Commons |
| PUBLIC TOILETS | The Commons Car Park Welland Park Union Wharf Millennium Mile, nr The Market & behind the Sq. Brixworth Country Park |
| REFRESHMENTS | shops, café's & pubs in Market Harborough. |
| OTHER ROUTES TO TRY | Market Harborough Round Grand Union Canal to Foxton Locks |

Worth a Visit

The series of 10 locks at Foxton are one of the most spectacular and interesting sites on Britain's canals. Remnants of the inclined plane can be seen on the hillside.

Useful Contacts

Leicestershire County Council:

Rights of Way, County Hall, Glenfield, Leicester, LE3 8TE
tel: 0116 265 8160, *fax:* 0116 265 7965
email: footpaths@leics.gov.uk, *website:* www.leics.gov.uk/paths

Market Harborough Tourist Information Centre (TIC):

Adam & Eve Street, Market Harborough, Leicestershire, LE16 7AG
tel: 01858 828282

Foxton Locks and Inclined Plane Trust: www.fipt.org.uk

Northamptonshire County Council:

Brixworth Country Park, Northampton Road, Brixworth, Northants, NN6 9DG
tel: 01604 883920
email: brixworth@northamptonshire.gov.uk, *website:* www.northamptonshire.gov.uk