

RECORD OF MEDICATION

1. The attached sheets are to be used by foster carers if they administer any 'over the counter' or prescribed medication.
2. Foster carers are encouraged to look after foster children as if they are a member of their own family. This care includes the treatment of every day conditions, like coughs and colds, headaches, upset stomachs and period pains.
3. If possible it is always good practice to check with a child's parents before giving over the counter medication.
4. Children should not become reliant on a General Practitioners advice for minor ailments as this sets up bad habits for later life. Pharmacists can however give good advice especially if you are treating a child who is not known to you.
5. Prescribed medication must always be administered in line with the instructions on the pharmacy label.
6. Prescribed courses of medication, especially antibiotics should always be completed.
7. Over the counter medications should not be given for more than 3 days without the advice of a GP.
8. If children are in respite care or day care, care should be taken to ensure that dosages are not duplicated.
9. The enclosed form should help you keep track of the medications that you give to your foster children.
 - Fill in one for each child
 - Keep this record even after a child has left your care

